

## CANCER

*Approximately 11 million people in the United States have Cancer.*

- Cancer is the second most common cause of death in the U.S.
- Cancer risks increase with age
- Men in the U.S. have a little less than 1 in 2 risk in developing Cancer, women have a little more than 1 in 3
- Most Cancers result from damage to genes in one's lifetime
- Skin cancer is the common cancer in the U.S.



*Cancer deaths have been declining in both men & women since the early 1990's.*

*It is important to remain active & healthy during & after Cancer treatment.*

- Good nutrition is essential since Cancer & its treatment can affect appetite
- Regular exercise may help during treatment but must be monitored by the treating physician
- Maintain good hygiene and clean environment
- Practice good food handling & know what foods are restricted

## PREVENTION

*Cancers that are preventable or can be detected early account for at least half of all new cancers.*

- Do not use any type of tobacco product
- Eat healthy & get active
- Maintain a healthy weight
- Protect yourself from the sun
- Maintain immunizations
- Avoid risky behaviors
- Educate yourself & have regular screenings exams with a healthcare professional

## HMC CASE MANAGEMENT

- 10/2/07 Diagnosed with Metastatic Lung Cancer at age 61; ER + 3 day stay at a cost of \$9,871
- Required aggressive chemotherapy resulting in aggressive side effects; neutropenia, oral mucositis, cognitive impairments, diarrhea, dizziness
- NO FURTHER ER/OBS OR ADMITS
- Total Savings; \$22,477: CM costs; \$6300
- ROI 3.57:1

1419 Bridle Road • St. Louis, MO 63119

[www.healthmanagementconnect.com](http://www.healthmanagementconnect.com)

Toll Free: 1.877.734.7337 Phone: 314.963.1307 Fax: 314.963.1398 Cell: 314.750.0669